

Childhood Obesity

SCOPE OF THE PROBLEM

- Childhood obesity has been identified as one of the **most serious public health challenges** of the 21st century
- In 40 years, the number of school-age children and adolescents with obesity has **risen more than 10-fold**, from 11 million to 124 million*
- In Europe: **4.5 million children** between five and 18 years were **living with obesity in 2013**. This is projected to reach 4.8 million by 2025



An estimated **216 million** were classified as **overweight** but not living with obesity in 2016*

*(2016 estimates from WOF website)

1 in 5
CHILDREN
HAS **OVERWEIGHT**
OR **OBESITY**
WHEN THEY START
PRIMARY SCHOOL

THIS RISES TO...

1 in 3
WHEN THEY START
SECONDARY SCHOOL

CHILDHOOD OBESITY IS A MULTIFACETED CHALLENGE

That includes:

- **biological**
- **environmental**
- **social**
- **economic and cultural**
- **lifestyle & behavioural factors**

