



## Food systems delivering better health: executive summary

This report from the World Health Organization provides a broad narrative on how food systems can be altered to be conducive to good health for individuals and for the planet. The report concentrates on five related elements of food systems: *"unhealthy diets and food insecurity; zoonotic pathogens and antimicrobial resistance; unsafe and adulterated foods; environmental contamination and degradation and occupational hazards"*. The report provides guidance to policymakers on how food systems can be influenced to tackle malnutrition alongside climate change and ecosystem health.

World Health Organization. "Food systems delivering better health: executive summary." 2021. Available at: <https://www.who.int/publications/i/item/9789240031814>.



**World Obesity Federation**

Suite 406, 107-111 Fleet Street, London EC4A 2AB

T: +44 (0)20 7936 9987 E: [enquiries@worldobesity.org](mailto:enquiries@worldobesity.org)

[www.worldobesity.org](http://www.worldobesity.org)

Registered charity number 1076981. Registered in England and Wales, 3802726. A company limited by guarantee.